

 Walk through your clinic and check each item handled by your current cleaning setup. Score yourself at the bottom.

 **EXAM / TREATMENT** 7

- Treatment tables and surfaces disinfected between uses
- High-touch surfaces cleaned daily (handles, switches, controls)
- Counters and sinks wiped down and dried
- Floors swept/vacuumed and mopped
- Waste bins emptied and relined daily
- Equipment surroundings free of dust
- Room ready for first patient each morning

 **WASHROOMS** 6

- Fixtures (sinks, toilets) fully disinfected
- Floors cleaned and disinfected
- Mirrors clean and streak-free
- Supplies stocked (paper towel, soap, toilet paper)
- Touch points disinfected (handles, locks, switches)
- No lingering odours

 **WAITING / RECEPTION** 6

- Seating surfaces wiped and disinfected regularly
- Front desk and counter surfaces clean
- Glass and entry doors streak-free
- Floors clean and free of debris
- Hand sanitizer stations stocked
- Reading materials organized, surfaces dusted

 **STAFF / BACK-OF-HOUSE** 6

- Break room counters and sink clean
- Staff washroom cleaned to same standard as patient washroom
- Hallway and corridor floors clean
- Garbage and recycling emptied and relined
- Light fixtures and vents free of dust
- Overall back-of-house presentable

Score: / 25

21-25 Excellent

15-20 Solid, a few gaps

<15 Needs attention

WHAT HIGH-PERFORMING CLINICS DO DIFFERENTLY

1 Documented checklists

Every visit follows a written scope. Nothing gets skipped, even on an off day.

2 Same team every time

Consistent cleaners know your space, your routine, and the details that matter.

3 Priority surfaces first

High-touch areas (handles, switches, counters) are part of a documented scope, not guesswork.

4 Cleaning as patient experience

A clean waiting room builds trust before patients even see the provider.

Notes:
